Yogurt with Fruit

This recipe is great for breakfast and as a dessert.

Prep and Cook Time: 15 minutes
1 apple, chopped
1/2 cup raisins
1 cup seedless grapes
2 bananas, sliced
1 cup berries, whatever is in season
2 cups plain or vanilla low-fat yogurt

Mix all the fruit together. Either top with yogurt or mix yogurt and fruit together

WHFoods_ Yogurt with Fruit

Source: here
Posting Disclaimer Notice:
This posting is not my own creation collection. My effort is copy paste only. I got it from internet posted by someone else. I’m just saving some time for you to avoid searching everywhere. I’m not violating any copy rights law or not any illegal action which I'm not supposed to do. If anything is against law please notify me so that it can be removed.