A great nutritious snack, as easy as 1-2-3!

Prep and Cook Time: 5 minutes
2 bananas
4 tsp cashew, almond or peanut butter
1/4 cup grated coconut
Optional:
2 TBS dark chocolate chips

Peel bananas and cut in half crosswise, then lengthwise, trimming the ends.
Spread 1 tsp of the nut butter on each flad side.
Place the coconut in a saucer and dip the slices into the coconut covering the nut butter completely.
If using chocolate, press into the nut butter (optional)

Source: [here](https://www.whfoods.com/)

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*WHFoods_ Tropical Banana Treat*
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