The best thing that you can do in life is follow your heart. Take risks. Don't just take the safe route and easy choices because you're afraid of what might happen. Don't have any regrets and know that everything happens for a reason.

Whenever we are faced with a challenging decision in which the people who are around us feel that we should decide in one fashion, while in our hearts we know
that we must decide in another way, we must go with what we know is the best
decision to make for us. For truly the only person who will be answering for the
making of this decision will be the person who made the decision in the long run.

Source: [here](http://tiest.staff.ipb.ac.id/2014/05/14/your-beautiful-life/)
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